

FAITH

Celebrate, honor freedom to be, do, grow, choose, live

By *Therese Donlan Lee*

CONTRIBUTOR

July is the month during which we celebrate and embrace our many freedoms. Scripture tells us Jesus said in the Book of John, chapter 8, verse 32, “You will know the truth and the truth shall make you free.”

How inspiring for us all to be reminded, as spiritual beings, with God and in truth there is no lack, no scarcity, no limitations. With God and in truth, there is only freedom to be all we have come here to be – unique, unrepeatable expressions of God.



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Unity teaches that knowing the truth allows for each of us to have freedom from thoughts of fear and unworthiness, anxiety and unhappiness. These kinds of thoughts do not serve any of us.

Knowing the truth allows for each of us to be spirit-led as we meet our varied life circumstances as they arise, expected and unexpected. Unity invites us to consider thoughts of freedom as creative acts, blessed and bestowed by the great Creator.

We get to shift the emphasis from freedom from things or conditions to freedom to be and the freedom to choose our thoughts. Our greatest freedom is the freedom to grow into the strength-filled person each of us has been created to be. We get to choose to face up to, to cope with, all the situations we otherwise sometimes try to

avoid.

Freedom is not an escape. Freedom looks like each of us empowering our gift of choice to awaken our inner strengths, rather than our weaknesses, to meet daily life, present and willing, with self-assurance and power-filled faith.

Each of us has the ability to open the door to the real source of our good. Nothing can ever really stand in our way. We get to be mindful. This is a remarkable freedom, choosing how we meet what life presents us. We can name it all good, or rather, all God!

Everything is for us. No commiserating and resenting or self-pity. Instead, we indulge in freedom to see all as God sees all – with eyes of opportunity and possibility – knowing the truth that all things are working for our good.

Are you willing? Are you willing to

“up your consciousness,” open your mind, engage your creativity, employ your freedom? Can you be relentless, embracing your freedom to be what you must be, to do what you must do?

Knowing the truth that the door to the Kingdom of Heaven is within us and is always open for us, lets us find God – and good – in all that transpires by the minute and the hour. Accepting change and acknowledging loss sanctions the making of a blessing and encourages freedom to be, freedom to release our spiritual attributes and capacities, freedom to choose, again.

Many blessings on your freedom. Namaste.

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