

## FAITH

# Be Conscious In Your Relationship With Christ

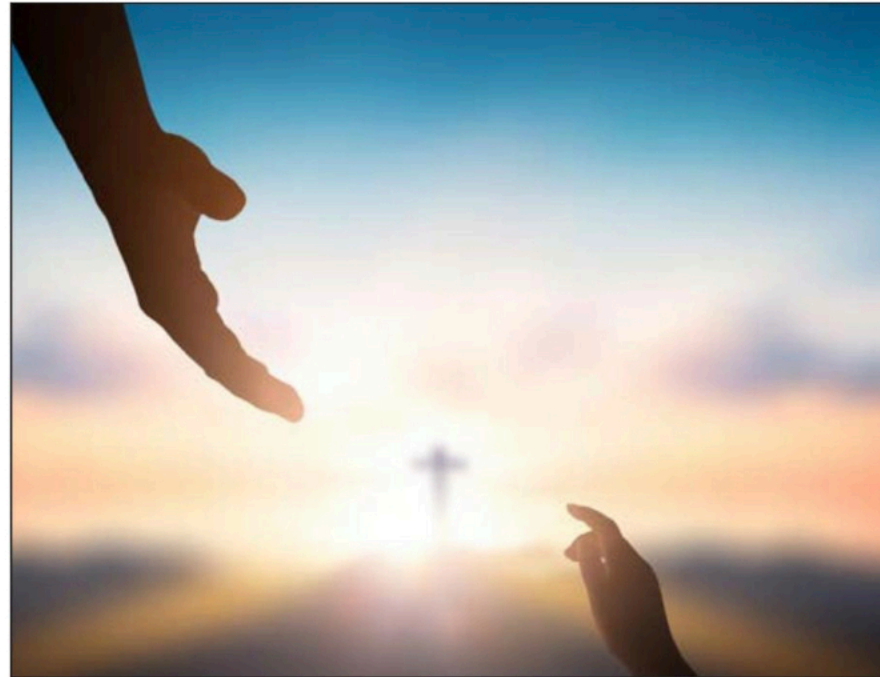
**BY REV. THERESE DONLAN LEE**

Contributor

Together let us welcome 2024. Now is the time. We, you and me, are the ones. This New Year beckons us to embrace the awakened Christ consciousness within. This awakening is that which we celebrated on Christmas morning in the manger of our hearts last month. We get to revel in this awakening each and every day, regardless of the month or time of year. Christmas is a state of consciousness -- one we each get to choose.

The beginning of this New Year summons us to honor the truth of ourselves. Our truth is that each of us is Christ-like and also the light of the world. We are all a unique unrepeatable expression of God. Our inherited gift of free will allows for us to make choices. We get to choose how we will express our uniqueness. In unity we honor the many paths to the one God.

Mother Teresa said, "It is Christmas every time you let God love others through you." My favorite question is, "Are you willing?" How will you choose to be the joy-filled expression of God out in the world through your thoughts, your words, and your actions? Each day we are invited to engage our heart and emotions, our mind and thoughts in the new. Scripture tells us in the Book of Romans Chapter 12



know as truth students that the renewing process starts first in our minds. How do you spend time each morning with yourself, getting centered in your truth, determining what is yours to do for the day? How will you be the Christ expressing

Verse 2, "Be transformed by the renewing of your mind so you may discern the will of God." This discernment allows for us to pause, to breathe, to renew. We

each day with authenticity and great enthusiasm, engaging your truth? We don't have to have all the answers nor all the know-how. We get to just start, one thought at a time, with the intention of being on purpose, allowing ourselves to be spirit-led rather than ego-driven. This month of January is imbued with potential, possibility and blessings. Charles Fillmore, our Unity co-founder, shared, "Pile up those blessings in your consciousness, and they will multiply and increase and your joy will be full." Would it be ok to have more joy in your life as you engage your awakened Christ consciousness? Are you willing to embrace and be open to all that life has in store in 2024? I'm saying, "Yes!" Please join me as you are able. Blessings on your new year.

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