

FAITH

Trust The Timing Of Your Life To Embrace, Allow, Know

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CONTRIBUTOR

Scripture tells us in the Book of Ecclesiastes Chapter 3, Verse 1, "For everything there is a season, and a time for every matter under heaven."

I invite us all to breathe as we read this. Do we trust that God knows?

Are we willing to spend time each day with the God of our understanding and get ourselves peace-filled as we listen for the still small voice that guides us as we allow ourselves to be guided? Asking ourselves, "What is mine to do to BE peace expressing this day?" I profoundly remember, as a new student of Unity back 35 years ago now, the day I learned I have choices. How free I felt. I get to choose to know that Heaven is a state of consciousness -- right here, right now, this day. I get to choose how to respond or react to what is going on in the world around me.



This knowing is empowering and comforting. God, by whatever name we choose – Source, Presence, Great Creator – is always and in all ways present. No matter what we have to face, we are not alone. And, yet, sometimes we forget, Yes? We forget we can choose to go into prayer and meditation and lean on this knowing of the presence of God and, as we do, we remember we can allow ourselves

to let go and let God. We remember we can embrace the spiritual quickening, allowing for clarity, focus, ease and grace as we face the situations of the world and be spirit-led rather than ego-driven. We get to be inspired to choose what is ours to be and do. Unity's five principles teach that God Is, We Are, We Can, We Pray, We Live. Unity celebrates the unique, unrepeatable outworking of God

through each and every one of us. A timely scripture for these times is from the Book of Galatians, Chapter 3, Verse 28, "We are all children of God there is no Jew or Greek, there is no slave or free, no male or female, for we are all one."

I love this writing of the Apostle Paul, wherein he makes it quite clear that in Christ we are all equal. Our Unity teachings embrace and honor this bold declaration because we choose to remember that, as Fr. Richard Rohr says, "Christ is Jesus' job description, not his last name." Christ means anointed one. You and I, as children of God, are anointed ones, regardless, and there is nothing we can do about it! Being Christ-like is our job description, too. Are you willing? Embrace this season of your life. Allow. Know. Blessings.

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